

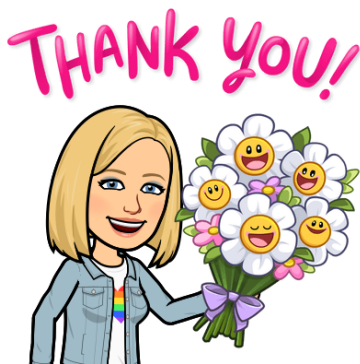


Cougar Cubs Are Special!

Principal's Corner

As we come to the close of an unprecedented school year, I would like to reflect on our lessons learned and successes as a learning community comprised of students, parents, teachers, staff, community partners and stakeholders. What seemed like an impossible teaching and learning situation in September has improved and carried us throughout the year. Students learned how to utilize technology to access the learning environment. Parents and caregivers have supported virtual learning from home, with some having changing work schedules or making arrangements for daycare. Teachers learned how to teach students virtually. They also became proficient teaching synchronously to both in person and virtual students while accessing new technology platforms. Staff learned how to implement new protocols to keep everyone safe. Community partners supported the school with donations of time, money, and food to aid in our continuing effort to assist families and students in need. Stakeholders saw what was needed to make this uncharted year a success and provided support along the way. This year, more than ever, it has taken a "village" to raise our children. I, for one, am proud of and thankful for the collaboration of all involved. I eagerly await the beginning of the 2021-2022 school year when we can come together in person at Surry Elementary School and continue the legacy of learning. Have a safe and enjoyable summer!

My best,
Mrs. Nelin



Calendar of Events

May

18th-June 8th SOL Testing for 3rd & 4th
Graders

31st Memorial Day-No School

June

10th 4th Grade Graduation & Pre-K
Crossing Over

16th SES In-Person Device/Text Book
Pick Up 9am-3pm

16th-17th 1/2 Day for students

23rd SES Virtual Device/Text Book Drop
Off 9am-3pm

24th Report Cards Sent Home

28th Summer School Begins

July

30th Summer School Ends

*Encourage Your Child to
READ, READ, READ More!*

SURRY ELEMENTARY SCHOOL

1600 Hollybush Road
Dendron, VA 23839
(757)267-2558

**We are on the web—
surryschools.net**

CHARACTER COUNTS

Each month we put focus on character building.

September - Respect

October - Responsibility

November - Trustworthiness

December - Kindness

January - Forgiveness

February - Love

March - Perseverance

April - Honesty

May - Sincerity

June - Honor



Like us on Facebook!!
<http://tinyurl.com/naz9y48>



Scan the QR Code to be taken directly to our Facebook page.

Congratulations

Mrs. Stewart,

SES Teacher of the Year!



Pre-K Team

WoW

Wonder of Wonders

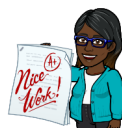
One thing we hoped we taught you
To last your lifetime through,
Is to know that you are special
Because you are you

Wow!

Kindergarten Rocked This Year!

Kindergarten is coming to a close! While we still have about a month of school left, we know our students will continue to work hard and make these last few weeks count! Kindergarteners have learned about addition, subtraction, sight words, writing, communities, and animal life cycles these nine weeks! While we worked hard, we also had fun while we learned! We danced as we learned sight words, sang songs to help us learn subtraction and addition, and even made art for science! Each kindergartener has grown in some way since the beginning of the year and we are so proud of them! We know this year has not been an easy one, but the kindergarten team would like to thank all of the parents, grandparents, guardians and everyone in between for assisting your kindergartener this year! THANK YOU! Over the summer, we are asking our rising first graders to continue to practice any skills learned this year, including, but not limited to, letter identification, letter sounds, counting, number identification, sight words, and writing. This practice does not have to be every day, but it will help your child be better prepared for first grade. Finally, the entire kindergarten team is so proud of our kindergarteners and we wish each and every child and his or her family a safe, fun, and enjoyable Summer! Way to go Cougar Cubs!

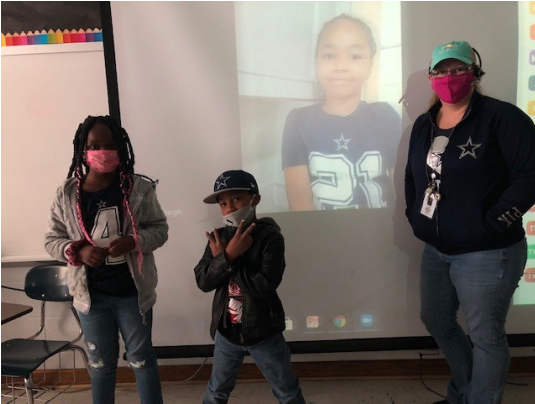
The kindergarten team



First Grade News

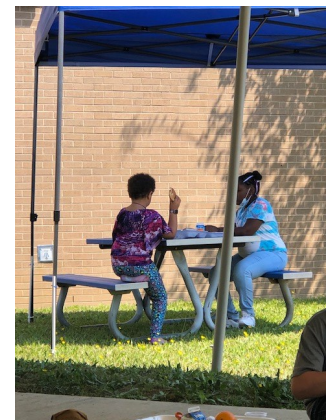
This year, we were faced with many challenges. Learning was “A Whole New World!” We conquered learning to log onto Zoom. We learned to navigate Canvas and submit assignments. We used our creativity to make our own meteorologist reports! Those of us that were in-person struggled to keep our mask on. We learned to keep social distance. Through it all ‘WE SURVIVED!!!. We are strong and whatever comes our way next year, WE ARE READY!!! #COUGARCUBSTRONG

Second Grade



Second graders have been having fun in school the past few weeks. We celebrated homecoming week with the opportunity to participate in different spirit days showing our school spirit and cougar pride! Also, Champ, our school mascot, came by the classrooms for a visit.

While the weather has been warming up, we have been able to spend more time outside during our recess and occasionally our lunch time. The courtyard has a wonderful new tent covering the theater area and this makes a great place to enjoy lunch! The students are looking forward to more days outside!



Third Grade

Wow, we can't believe it's May already! We are prepping for SOL Testing in Third Grade! We are so proud of how far our Cougar Cubs have come since September. This year has presented a fair number of challenges and our students have handled it all with a smile. The Third Grade team wants to leave our students with a few reminders for testing: Get a good night's sleep, Eat a healthy breakfast, Try your best, Read carefully, and Go back and check over work! Finally, we would also like to thank all our families for their continued support! We would not have had the successful year we did without your help! Let's finish this year strong. We've got this!

Fourth Grade

Fourth grades have been working very hard to prepare for the SOL tests. This year made it difficult for them all, but they have persevered and we are going to give it our best. We are also excited to be able to have the 4th grade promotion ceremony this year. It's an exciting time to be making that move to middle school.

We still have some fun planned with the annual closing day picnic on our last day. The staff wishes all fourth graders a wonderful summer and a happy beginning at Luther Porter Jackson Middle School in the fall!



Music Notes

We have had so much fun making music together back in person these past few months. I have loved being able to feed off of the students' energy as we rediscovered the joy of singing and dancing together. I hope that the students who have continued to learn virtually still felt included and had fun during our lessons too. As this crazy school year comes to a close, I encourage all of you to keep music in your lives throughout the summer. Find things around your home to make instrument sounds! Have a dance party! Sing along to the radio! *Music is therapy for the soul.*

In Harmony

Mr. Cook

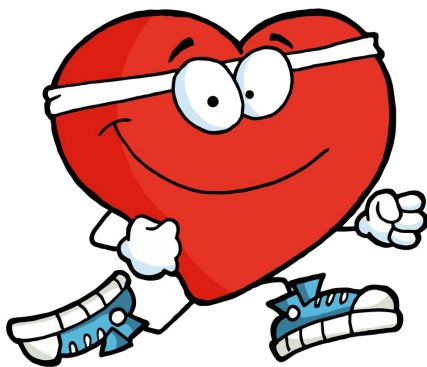
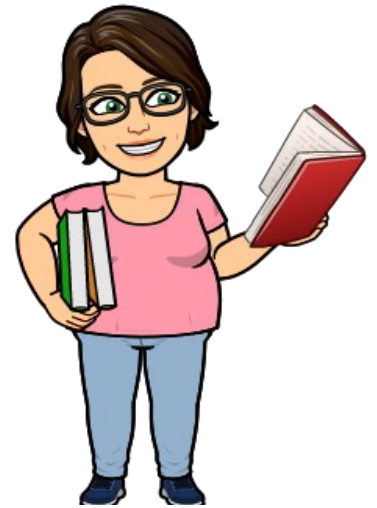
Library News

Thanks to everyone who participated in the Virtual Scholastic Book Fair. Over \$1,000 worth of books were purchased for SES students. We will get approximately 126 Scholastic Points to use to purchase books for the library.

This summer keep checking the Lending Library in Dendron for free books for your child to read. Not all that are being put in there are AR books.

Blackwater Regional Library plans on doing lots of great things with their Summer Reading Program. Please use the local libraries in Surry, Claremont, Wakefield and Waverly. They all have great books to check out and all provide access to OverDrive and Hoopla where you can get eBooks, videos, music, and videos free through your computer, e-reader, phone or tablet. I will send out the Summer Reading program flyers on Class Dojo as I get them.

HAVE A GREAT SUMMER & KEEP READING!!



Physical Education (PE)

Summer is almost here! We have been learning so many new things at school! It is a good idea to be a sponge for knowledge. Absorb as much knowledge as possible; knowledge is power. One day, you will be a homeowner; you don't want to pay more money than necessary to fix your toilet; or a car. If you don't possess the knowledge, you must be able to make wise decisions quickly and find an expert who can help you. I'm giving you pearls. Also, it feels good to take care of your body. Use it or lose it. Be good to yourself, feed your brain with good books, eat nutritious meals, fruits and vegetables, exercise, play and make time for you.

Notes from the "Cougar Cub Den" Spring/Summer 2020-2021



Spring and Summer Safety

Spring Cleaning: In addition to your regular spring cleaning chores, consider adding some that will make your home a little safer for your kids, such as cleaning out your medicine cabinet, checking product recalls and expiration dates, and looking for broken or unsafe toys, etc. That includes you too kids! Help your parents and guardians! Clean those rooms and make your summer fun by getting those chores done soon, so the rest can be fun, with a bit of reading too ;)

Sun Safety: Remember, the sun's rays are strongest between the hours of 10:00am and 4:00pm. Use SPF 15 or higher, even on cloudy days. It is important to get a healthy dose of sunshine each day, but protect yourself from the sun! Wear sunscreen at all times. The sun emits harmful ultraviolet rays. To prevent skin damage or skin cancer, wear sunscreen with SPF of 15 or higher. Wear sun hats to cover those extra exposed areas of the face. Did you know your lips can get sunburned? Wear SPF lip protection, such as SPF chap stick. Lips are a common skin cancer location. Don't forget your eyes! UV rays can cause eye damage, so ultraviolet lenses for your sunglasses are essential. Protection is key!

Playgrounds: Injury facts – children who fall off climbing equipment, slides, and swings usually injure their face, head, or arms. Safety check - preschool-age children shouldn't be more than four feet off the ground. Make sure surfaces are cushioned, equipment maintained, and no exposed bolts or open "s" hooks. Once the weather warms up, the sun heats playground equipment up also. Prior to children rushing out to play, ensure the equipment isn't too hot for their bare skin, as burns can quickly occur. Examine around, on, and underneath playground equipment and surrounding areas for poisonous spiders and snakes prior to letting children play.

Heat exposure: Illness facts - Children can develop heat exhaustion and become seriously dehydrated when in the hot sun for too long. Symptoms include pale skin, dizziness, headache, fatigue, nausea, and vomiting. Kids under four years old are especially at risk in high temperatures. Safety check – Keep children indoors during heat waves. Make sure they have plenty of fluids even if kids say they are not thirsty. Rule of thumb, stop playtime every 30 minutes for a brief hydration break. **NEVER** leave a child in a car, which can heat up quickly.

Bicycles: Injury facts: Kids often crash into obstacles or lose control of their bikes, but the most serious injuries occur when children are struck by cars. Safety check – Make sure your child wears a helmet **every time** they ride a bike. It should be snug and level with the forehead. Do not let children ride in the street before the age of 10, and teach riders to look both ways before crossing the driveway or streets.

Lawn Mowers: Too many tragic accidents happen when a child falls off a riding lawn mower or is accidentally run over. Safety check – Keep all children far away from the mowing area. Always look around the mower before putting into motion, especially when backing up.

Food Poisoning: Illness facts – Bacteria grow quickly in perishable food that is left out too long. Symptoms resemble stomach flu: nausea, cramps, vomiting, diarrhea, and, in severe cases, fever and bloody stool. Safety check – Make sure food is cooked thoroughly. Wash your hands often, and never leave food out for more than an hour when it's hot outside. Store food in a well insulated

cooler with plenty of ice when outside at picnics and barbecues.

<https://www.familyeducation.com/kids/fitness-nutrition>

Always seek the advice from your own doctor regarding questions or issues you have regarding your own health or the health of others.

Swimming: Swimming is the most popular summer activity. The best thing you can do to help your family stay safe this summer is to enroll in age-appropriate swim lessons. Do not go near water if you are not able to swim. Never swim alone and, if you are unsure of yourself, wear a life vest. Life vests are a simple way to prevent deaths by drowning. Vests save Lives!



SES Cub Den Notes

New Immunization Schedules: Check with your health care provider to make sure your child is properly immunized, especially children entering Pre-K and Kindergarten. One resource to see if your child is properly vaccinated is.

<https://www.vdh.virginia.gov/content/uploads/sites/11/2016/04/SupplementalGuidance.pdf>.

https://www.doe.virginia.gov/support/health_medical/certificate_religious_exemption.pdf (Religious Exemption Form)

In the event I come across any children who need to catch up on any vaccines, I will be in contact with you

School Physicals: If you take your child to the pediatrician for a “well child check up” at any point in the school year or even during the summer months, have them fill out a “Commonwealth of Virginia School Entry Physical Exam Form.” They are already doing the work, and by filling out the form and you then bringing it or having them fax or send it to school, your child’s records are constantly up to date.

https://www.vdh.virginia.gov/content/uploads/sites/58/2021/03/MCH213G_School_Entrance_Fillable-Form.pdf (english)

https://www.vdh.virginia.gov/content/uploads/sites/58/2021/03/MCH213G_Spanish_School_Entrance_FormCombined.pdf (spanish)

Asthma/Allergy Action Plans: Seasonal Allergy and Asthma Action Plans are important to review and update with your healthcare provider, and a copy should be on file at school, as well as a rescue inhaler and/or an epi pen. Learn what your child’s triggers are – pollen, grass, molds, temperature changes, exercise, smoke, perfume, pesticides? Please let us know. Children deserve allergy and asthma friendly homes and schools. Make sure you address these prior to the return of the new school year with your child's pediatrician.

<https://www.vdh.virginia.gov/content/uploads/sites/58/2016/12/Asthma-Action-Plan-2019.pdf>

Authorization for over the counter as needed medication form:

<https://docs.google.com/viewerng/viewer?url=https://www.surryschools.net/cms/lib/VA02208192/Centricity/Domain/60/Medication+Request+OTC+LPJMS.doc>

Authorization for prescription medication for greater than 10 days form:

<https://docs.google.com/viewerng/viewer?url=https://www.surryschools.net/cms/lib/VA02208192/Centricity/Domain/60/Medication+Request+PHYS+ORDERED+All+3+Schools.doc>

A word about head lice – This can happen to anyone, it's not uncommon. Summer Break is a great time to get these little guys under control! Most head lice are transmitted from head to head contact. Check your children regularly. If head lice are found consult a healthcare provider regarding treatment options. Follow package directions and comb out lice and nits thoroughly. While this is a time consuming task, it is also very effective at preventing repeat cycles. Clean all items that may have been in contact with your child's head. (Combs, brushes, linens, stuffed animals). Let your children's close friends and parents know so they too can check regularly. Report all cases to the school nurse, and I will re-check your child when he or she returns to school. One resource for pictures and more information is <https://www.healthychildren.org/English/health-issues/conditions/from-insects-animals/Pages/Signs-of-Lice.aspx>.

Kinsa Thermometer Program: This will be back for the 2021-2022 school year!! If you missed out this year, great news-- you can enroll in the fall. Even better, I do believe it will be open to LPJ and SCHS!!! Stay tuned for further details! This year, SES supplied 87 FREE thermometers! With that said, I do still have 37 that never activated theirs..... The program is only effective if you use the thermometer correctly. So, come on SES, let's DO THIS!!!

Medication Forms for 2021-2022 school year: If your child will need receive medication at school for the 2021-2022 school year, please make sure you have the appropriate forms filled out prior to the first day of school.

In closing, WE DID IT, SES!!! I thank each and every one of you for an amazing year. While I know it hasn't been easy, you've been understanding of the challenges that you've faced and showed me nothing but grace. You'll never know how grateful I am for that. In the end, we "persevered" and have come out stronger and healthier than we were when we began. I have learned so much here at SES this year and have gained a couple hundred amazing little friends. I'd say that's a fairly phenomenal "first year" for me! I hope you each have a wonderful summer and stay safe (but safe in a FUN way!!) I cannot wait to see each of your smiling faces next year!



~Nurse Debbie